

Detection of antimicrobial resistant *Salmonella enterica* strains in samples of ground hedgehogs (*Atelerix albiventris*) reared as pets in the urban area of Santiago, Chile

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ABSTRACT. The breeding of exotic pets has become a popular practice in Chile and, within this group of animals, small mammals such as guinea pigs and hedgehogs have gained importance due to their docile behaviour. The most common exotic hedgehog species in Chile is the African pygmy hedgehog (*Atelerix albiventris*). It has been reported that these pets are reservoirs of some zoonotic pathogens, among which *Salmonella enterica* constitutes an important threat for the owners. This study aimed to detect the presence of *Salmonella* strains in faeces from hedgehogs (*Atelerix albiventris*) admitted to a veterinary clinic in Santiago, Chile, and to characterise the antimicrobial susceptibility of the isolated strains. From 200 animals sampled, *S. enterica* was detected in 5 hedgehogs, corresponding to serotypes Muenchen (2), Infantis (2) and IV43:z4,z23:- (1). Furthermore, phenotypic antimicrobial resistance was determined in all subsp. *enterica* isolates. These results suggest that in Chile these exotic pets constitute a potential hazard for public health, therefore, supporting educational campaigns about basic biosecurity measures is necessary, mostly aimed at pet owners and risk groups.

Key words: hedgehogs, *Salmonella*, antimicrobial resistance, Chile.

INTRODUCTION

Non-traditional pets have become very popular in developed and developing countries. Apart from exotic reptiles, amphibians and fishes, unconventional pets include a variety of species of mammals, such as non-human primates, ferrets, prairie dogs, and hedgehogs (Hoelzer *et al* 2011).

Hedgehogs are native to Europe, Asia and Africa, and include multiple species, although two of them are generally reared as pets: the European hedgehog (*Erinaceus europaeus*), and the African hedgehog (*Atelerix* spp. and *Hemiechinus* spp.) (Riley and Chomel 2005). These animals are omnivores, with a diet composed of insects, slugs, worms, snails, fungi, fruits, and certain vegetables like spinaches, carrots and broccoli (Santana *et al* 2010). Among the hedgehogs, *A. albiventris* is becoming the most popular pet in Chile and around the world, with increasing populations in captivity (Fredes and Román 2004, Okada *et al* 2018). Since 2007, the importation of these animals to Chile has not been allowed and all the individuals legally commercialised have been bred in the country. However, there is no record of the reproduction, number and distribution of these animals housed as pets.

With regard to the risks associated with their breeding, some studies have determined that these mammals could act as hosts of zoonotic pathogens, including *Salmonella*

spp., *Yersinia* spp. and *Mycobacterium* spp., among others (Riley and Chomel 2005, Santana *et al* 2010, Keeble and Koterwas 2020). *Salmonella enterica* is an enteric pathogen widely distributed in nature, which causes infection in a range of hosts including humans and other mammals, birds and reptiles (Marus *et al* 2019). More than 2,600 serotypes have been described within this species, including some host-restricted and other host-generalist serotypes. When it comes to zoonotic infections, *Salmonella* serotypes are commonly transmitted by consumption of contaminated animal and plant-derived food. This usually results in self-limiting gastroenteritis (Ferrari *et al* 2019), although patients with some risk factors, such as infants, immunocompromised individuals, and the elderly have shown extra-intestinal infections that can cause meningitis, sepsis and even death (Gordon 2008). In the last 30 years, infection with this bacterium in humans accounts for the most common notifiable outbreaks of any infectious disease (Smith *et al* 2014). In Chile, official records show a similar trend in which *Salmonella* represents the major cause of foodborne disease outbreaks among cases with a confirmed diagnosis (Olea *et al* 2012).

In non-outbreak, individual and domestic contexts of non-typhoidal *Salmonella* infections, other transmission pathways may lead to disease in humans, such as the direct or indirect exposure to pets (Younus *et al* 2010, Braun *et al* 2015, MacDonald *et al* 2018). These cases appear sporadically and it mostly affects only a few people, being less studied and reported, and therefore constituting much more common events than is believed (Boore *et al* 2015).

Hedgehogs in captivity represent a public health risk due to the epidemiological evidence that links bacterial detection in these animals, which generally appear as asymptomatic carriers with a high *Salmonella* load, with a disease in humans (Riley and Chomel 2005, Kagambega *et al* 2013, Anderson *et al* 2017, MacDonald *et al* 2018).

Received: 01.07.2020.

Accepted: 19.01.2021.

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Also, antimicrobial resistant phenotypes have been described in pathogens isolated from the gastrointestinal tract of hedgehogs, generating concern about the potential transmission of these genetic traits to the gut microbiota of owners (Zare and Ghorbani-Choboghlo 2015).

The objective of this work was to report the isolation of zoonotic *Salmonella* serotypes in African pygmy hedgehogs (*A. albiventrix*) kept as pets in the Metropolitan Region from Chile, and characterise antimicrobial-resistance phenotypes in these isolates.

MATERIAL AND METHODS

SAMPLES

Between March 2017 and July 2018, 200 animals (103 males and 97 females) were sampled upon admission to a veterinary clinic specialising in exotic animals, located in the urban area of the city of Santiago, Chile. This sample size represented 10% of all hedgehogs registered in the clinic. For sampling, animals were weighted and maintained in individual cages until they defecated. Then, fresh faeces were immediately collected with sterile swabs, immersed into Cary Blair transport medium and stored at 4 °C for analyses at the laboratory (Fresno *et al* 2013). The age was registered from clinical records or by directly asking to owners. Each animal was sampled only once.

The inclusion criteria corresponded to animals that had not been treated with antimicrobials two weeks prior to sampling. Before the sampling procedure, their owners signed an informed consent that had been approved by the Bioethics Committee (14-2017 VETUCH) of the Faculty of Veterinary and Animal Sciences, University of Chile.

BACTERIOLOGICAL ISOLATION

Once at the laboratory, faeces were processed as reported previously (Fresno *et al* 2013). Briefly, swabs were inoculated into 5 mL of buffered peptone water (Difco®) supplemented with 20 mg/mL of Novobiocin (Sigma®) (Jensen *et al* 2003) and then incubated at 37 °C for 24 hours. Later, 100 µL of the bacterial suspension was seeded into Rappaport Vassilidis semisolid agar (MSRV, Oxoid®) supplemented with 20 mg/mL of Novobiocin, and incubated for 24-48 hours at 41.5 °C. Cultures with bacterial growth were plated in Xylosa Lysine Deoxycolate agar (XLD, Difco®) and incubated at 37 °C for 24 hours. Suspicious colonies of *Salmonella* spp. were confirmed by the detection of the *invA* gene in a PCR test (Malorny *et al.* 2003) and then were serotyped at the Chilean Institute of Public Health, the national reference laboratory, according to the Kauffman-White scheme¹.

¹ Grimont PA, Weill FX. 2007. Antigenic formulae of the *Salmonella* serovars. 9th ed. WHO Collaborating Center for Reference and Research on Salmonella, Institut Pasteur, Paris, France. Available at https://www.pasteur.fr/sites/default/files/veng_0.pdf.

ANTIBIOTIC RESISTANCE PHENOTYPES

The antimicrobial susceptibility was evaluated by the disk diffusion method (Kirby Bauer), according to the standards recommended by the Clinical Laboratory Standards Institute (CLSI 2012) and the National Antimicrobial Resistance Monitoring System (NARMS 2011). The following antimicrobials, which are of frequent use in veterinary and human medicine, were evaluated: enrofloxacin (10µg), amoxicillin + clavulanic acid (20/10µg), tetracycline (30µg), ampicillin (10µg), cefadroxil (30µg), azithromycin (15µg), ceftriaxone (30µg), kanamycin (30µg), nalidixic acid (30µg), streptomycin (10µg), ceftiofur. *Escherichia coli* ATCC 25922 was used as a control strain. The multi-drug resistance (MDR) condition was determined by the simultaneous resistance to three or more antimicrobial classes.

ANALYSES OF RESULTS

Associations between bacteriological results and data from hosts (sex, weight, and age) were explored with ANOVA and categorical data analyses using Infostat (v2010) software.

RESULTS AND DISCUSSION

From 200 samples analysed, a total of 5 animals resulted positive for (2.5%) *S. enterica* isolation in their faeces. These detections included subspecies *enterica*, with serotypes Muenchen (2) and Infantis (2), and subspecies *houtenae*, with the serotype 43:z4,z23:- (1). All *S. enterica* subsp. *enterica* strains showed antimicrobial resistance phenotypes, including a multi-drug resistant *S. enterica* ser. Muenchen isolate (table 1). In contrast, the *S. enterica* subsp. *houtenae* isolate was pansusceptible. No associations ($P>0.05$) were detected between the variables analysed.

The results obtained from the study confirm the presence of antimicrobial resistant *S. enterica* strains in hedgehogs, representing potential risk for owners in Chile. Studies from other countries have reported infections by *Salmonella* spp. in humans who kept hedgehogs as pets² (Riley and Chomel 2005, Chomel *et al* 2007). Although there is no evidence of similar cases in Chile, it is possible that animal to human transmission is occurring. In general, such zoonotic events are underreported since the disease generally appears individually rather than collectively in the exposed population and also because of the self-limiting nature of the disease (Morse *et al* 2012).

In the last years, *S. enterica* ser. Muenchen has been related to foodborne outbreaks linked to turtle meat, pigs and plant-derived foods in Australia, Europe and North America (Jackson *et al* 2013, Bonardi *et al* 2016, Draper

² CDC. 2019. Outbreak of *Salmonella* infections linked to pet hedgehogs. Available at <https://www.cdc.gov/salmonella/typhimurium-09-20/index.html>.

Table 1. Description of *Salmonella enterica* isolates, animal hosts data, and antimicrobial resistance phenotypes.

<i>Salmonella</i> serotype	Sex	Weight (gr)	Age	Antimicrobial resistance*												
				AMC	AMP	TE	CFR	EFT	ENR	CN	SXT	AZN	CRO	K	NA	
Muenchen	F	231	3 m	–	–	–	I	–	–	–	–	–	–	–	–	–
Muenchen	M	302	1.8 y	–	R	R	–	R	–	–	–	–	–	–	–	–
Infantis	F	304	2.2 y	–	–	–	–	R	–	–	–	–	–	–	–	–
Infantis	F	365	4.2 y	–	–	–	I	–	–	–	–	–	–	–	–	–
IV 43: z4, z23:-	F	348	2.7 y	–	–	–	–	–	–	–	–	–	–	–	–	–

*AMC, Amoxicillin/ Clavulanic acid; AMP, Ampicillin; TE, Tetracycline; CFR, Cefadroxil; EFT, Ceftiofur; ENR, enrofloxacin; CN, Gentamicin; SXT, Sulfamethoxazole /Trimethoprim; AZN, Azithromycin; CRO, Ceftriaxone; CIP, Ciprofloxacin; K, Kanamycin; NA, Nalidixic acid. Underlined and non-underlined abbreviations correspond to critically important and highly important antimicrobials, respectively (WHO 2019). R, Resistant, I, Intermediate, – Susceptible.

et al 2017, Schielke *et al* 2017), respectively. These reports suggest a diversity of sources when causing disease in humans. This contrasts with the other serotype found, *S. enterica* ser. Infantis, which is an emerging pathogen generally associated to outbreaks by consumption of poultry products (Aviv *et al* 2019). The last isolate, the IV 43: z4, z23:- serotype, belongs to the subsp. *houtenae*, and has been mostly detected in reptiles. Despite its lower pathogenic potential when compared with subsp. *enterica* serotypes, extra-intestinal infections in children have been described (Lamas *et al* 2018).

The specific transmission pathways by which hedgehogs from this study resulted colonised with different *Salmonella* serotypes are unknown. They might become infected in pet stores or breeders, or after being sold, due to co-habitation with other pets or by consumption of contaminated food offered by their owners to these mammals. Furthermore, the access to other kind of food or preys, is also frequent, especially in some household systems with a partial confinement. In these situations, the potential consumption of insects, lizards or other commodities and animals, could allow their contamination with diverse *Salmonella* serotypes, as has been described in this study and elsewhere (Kagambea *et al* 2013).

Antimicrobial resistance is an emerging threat to public health at a global scale, in which major drivers for selection of resistant agents are the misuse and overuse of antimicrobials, both in the human and animal context (Millanao *et al* 2018). In this regard, the World Health Organization categorised these drugs according to their therapeutic relevance, trying to preserve their effectiveness for human medicine. In this study, we found resistance phenotypes against critically important (ampicillin and ceftiofur) and highly important antimicrobials (tetracycline) (WHO 2019) in both Muenchen and Infantis serotypes (table 1). The resistance against ceftiofur is of particular concern, because the bacterium could be potentially carrying the plasmid encoded *bla*CMY-2 gene, that also confers resistance against ceftriaxone (Alcaine *et al* 2005),

an antimicrobial recommended for the treatment of extra-intestinal infections of *Salmonella* in humans (Yang *et al* 2016). Such bacterial traits might be circumstantially detected in hedgehogs after the consumption of contaminated food or may represent the *in vivo* selection of resistant clones because of antimicrobial-based therapies used in these animals. Although our exclusion criteria for sampling was the absence of treatments of this type during the last two weeks prior to sampling, persistent infections with drug-resistant bacteria might also be occurring (Pignon and Mayer 2011). Whatever the source of pathogens in pets, a zoonotic transmission to people, especially young children, the elderly and immunocompromised patients (Lawson *et al* 2018), may have severe clinical outcomes (Anderson *et al* 2017), especially in extra-intestinal infections which require an antibiotic-based therapy (Ichimi *et al* 2018). The pet hedgehog ownership is not recommended in these risk groups (Keeble and Koterwas 2020).

Non-specific clinical signs of salmonellosis have been reported in hedgehogs, such as anorexia, diarrhea and weight loss (Riley and Chomel 2005, Keeble and Koterwas 2020). However, all positive animals detected in this work were asymptomatic, a condition that predominates in previous reports (Craig *et al* 1997, Riley and Chomel 2005, Santana *et al* 2010, Hoelzer *et al* 2011, Lawson *et al* 2018), suggesting that sampling of animals in order to detect *Salmonella* carriers should not be constrained by their clinical status. In this regard, owners must be aware about risks presented by the handle of apparently healthy animals. Some basic biosecurity measures could be recommended by veterinarians to hedgehog owners in the context of veterinary practice, such as washing hands after touching them or cleaning its enclosures and supervising that children play safely, avoiding kisses and snuggles with these animals¹.

This work constitutes the first description of *Salmonella* infection in hedgehogs from South America. In other regions, a range of *S. enterica* prevalence fluctuating between 0% (Handeland *et al* 2002) and 96% (Kagambea

et al 2013) has been reported both in free-living and domesticated hedgehogs. A 2.5% infection rate detected in pets sampled for this study suggests a low exposure to *Salmonella* that probably represents adequate management in most cases of domestic ownership. However, hedgehogs may shed *Salmonella* spp. intermittently, especially during exposure to stress from inadequate nutrition, housing and care, as has been reported in other pets and livestock (Hoelzer et al 2011). In this study we sampled each animal only once, and bacterial infection data may be underestimated. Other considerations regarding our results could be the limitations in the diagnostic sensitivity of isolation procedures, and the unknown number of hedgehogs and husbandry conditions of these animals living in Chile.

Finally, the presence of multidrug resistant *Salmonella* strains was confirmed in hedgehogs in Chile. Further studies should address possible animal to human transmission events, which have been documented several times in other regions. The zoonotic risk and the impacts on natural ecosystems if these animals are released, are major factors to be considered when establishing public policies for their pet ownership.

ACKNOWLEDGEMENTS

The authors would like to thank the collaborating personnel from the ExzooticVet Veterinary Clinic. This research received financial support from the Fondecyt project No. 11110398.

CONFLICT OF INTEREST

The authors do not have any conflict of interest.

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